MY COMPETENCES

STRENGTHS:

_ _ _ _ _ _ _ _ _ _
_
_ _ _ _ _ _ _ _ _ _
_
_ _ _ _ _ _ _ _ _ _

TO IMPROVE:

_ _ _ _ _ _ _ _ _ _
_
_ _ _ _ _ _ _ _ _ _
_
_ _ _ _ _ _ _ _ _ _

Now, explain situations where YOU demostrate that you count on the competences listed as "STRENGTHS":

1. _____

    _____

2. _____

    _____

3. _____

    _____

To finish, write 1 objective for each competency written in "TO IMPROVE", so you can achieve it to become a Strenght:

1 _____

. _____

2 _____

.